

## **Mad Hatter's Chicken Wrap-Ups**

Combine cubed chicken with fresh vegetables to make delicious and nutritious individual servings!

Chicken breasts or chicken tenders cut into cubes

Sliced yellow squash or zucchini

Chopped carrots

Chopped onion

Dried basil

Paprika

Margarine

Snow's Citrus Court ***Mandarin Orange Mustard Dressing***

Combine chicken and vegetables and put even portions in the center of serving sized squares of aluminum foil that have been sprayed lightly

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with non-stick cooking spray. Sprinkle paprika and dried basil over vegetables and chicken. Put one to two teaspoons of margarine on top of chicken and vegetables. Pour approximately 3 tablespoons of ***Mandarin Orange Mustard Dressing*** on top of mixture.

Fold up the sides of the foil to form a small tent and seal tightly. Leave room at the top for the air to circulate.

Place packets on cookie sheet and bake at 400° for 45 minutes.

Season with salt and pepper to taste if desired.  
Serve and enjoy!

No pots, no pans, no clean up! Simply delicious.

*Contributed by: Kathleen Turner, 56Greenbeanies*

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